

## DRAW SOME NEW EYEBROWS

Debra Robson-Lawrence  
FAME semi-permanent  
brows, £495

**Time:** 30-minute consultation, plus 30-minute treatment.

**Where:** Debra Robson-Lawrence Specialist Make-Up Services, 144 Harley Street, London W1G 7LE (0845 230 2021; permanent-makeup.com). Debra's FAME (Facial Aesthetic Micro-Enhancement) cosmetic tattooing replicates each hair to create natural-looking brows. The desired shape is drawn on with an eyebrow pencil then the area is cleansed and numbed with anaesthetic cream. The mineral pigment is 'infused' into the brow line with a mini tattoo pen, which you should barely feel. You may experience redness for the first day or two, then slight scabbing, after which you'll have beautifully arched brows for up to a year. A fine-tuning follow-up four weeks later is included.



# LUNCH HOUR LIPO...

(And new lips, new eyebrows and smooth, flawless skin)

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## LENGTHEN THOSE LASHES

Luscious Lashes eyelash  
extensions, £20

**Time:** 20 minutes.

**Where:** available at Pout (020 7379 0379; pout.co.uk). Small clumps of synthetic lashes are glued on individually to the base of your own eyelashes at the desired length and thickness. They create a much more natural effect than false lashes, which are fixed to the skin. Temporary glue is used if you require the eyelashes for only one night or semi-permanent can be applied, which lasts for up to four days. Don't try pulling out the lashes, they will drop out on their own or you can have them removed at Pout.



## GET A NEW SMILE

Trial Smile Treatment, £555 for up to  
10 acrylic veneers

**Time:** 30 minutes, and 10-minute consultation.

**Where:** Goodge Street Dental Practice (020 7636 7616).

In an initial 10-minute consultation, temporary acrylic veneers are glued to the teeth to make an impression. A week later, you come back and your specially made veneers are fitted in place, which takes about 30 minutes. These temporary veneers last up to 24 hours, giving you a bright white smile without the hassle of permanent veneers. There is no discomfort, but stay away from particularly chewy food. They can be removed with thorough brushing.

## FAT BUSTER

SmartLipo Fat Removal, £1,500

**Time:** between 30 and 45 minutes.

**Where:** Snowberry Lane Clinic (01225 700072); Wigmore Medical (020 7491 0150).

This non-invasive treatment uses a laser to break the membrane of fat cells and shut off their blood supply, resulting in an oil that is expelled naturally by the body. Collagen production is also stimulated so don't worry about getting saggy skin after the treatment. There's an immediate reduction in fat, and it improves over four months.

## REVEAL SMOOTH SKIN

TCA Facial Peel, £175

**Time:** 30 minutes, although skin is prepped for two weeks with exfoliating night creams to enhance the effect.

**Where:** City Skinklinic (0870 751 3870).

The TCA Facial Peel is a gel solution made up of 15 per cent trichloroacetic acid, which improves the appearance of sun-damaged skin, melasma, acne scars and even freckles. The face is cleansed, then the peel is brushed on to the skin. The solution is left on for

five minutes and a slight tingling is experienced. Neutralizing lotion and post-peel cream are then applied, followed by an SPF 30 sunscreen to protect the skin. You may experience some redness and flaking, but not enough to scare your co-workers.



## PLUMP YOUR POUT

Teosyal Kiss Lip Enhancing  
Injections with Dr George Roman,  
from £400

**Time:** up to 45 minutes.

**Where:** Aesthetic Medical Clinic, Devonshire Medical Chambers, 43 Devonshire Street, London W1G 7AL (020 7323 2123).

Teosyal Kiss, like Restylane, is a brand name for 100 per cent hyaluronic acid filler. Expect to have a local anaesthetic injected into the lips, followed by the Teosyal Kiss. You can go straight back to work after the procedure but, to avoid bruising, make sure not to take vitamin C supplements or aspirin at least two to three days prior to treatment as these thin the blood.

